



**KEYSTONE**  
FOOD SERVICE

# Keystone Lunch October 2025

Monday, 9 / 29	Tuesday, 9 / 30	Wednesday, 10 / 1	Thursday, 10 / 2	Friday, 10 / 3
Cheese Tortellini w/ Meat Sauce Green Beans Side Salad Breadstick Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Glazed Baby Carrots Dinner Roll Fruit Milk	Waffle and Syrup Scrambled Eggs Sausage Patty Hashbrown Triangle Baby Carrots Fruit Milk	Beef Hot Dog Baked Beans Coleslaw Fruit Milk	Nacho Bar (Chicken, Queso and Tortilla Chips) Mexican Salad Salsa Fruit Milk
Monday, 10 / 6	Tuesday, 10 / 7	Wednesday, 10 / 8	Thursday, 10 / 9	Friday, 10 / 10
Spaghetti & Meat Sauce Green Beans Side Salad Breadstick Fruit Milk	Grilled Cheese Tomato Soup Cucumber Slices Fruit Milk	Personal Pizza Caesar Salad Cucumber Slices Fruit Milk	Pulled Pork Sandwich French Fries Baby Carrots Frozen Fruit Treat Milk	Chicken Quesadilla Refried beans Salsa Tortilla Chips Fruit Milk
Monday, 10 / 13	Tuesday, 10 / 14	Wednesday, 10 / 15	Thursday, 10 / 16	Friday, 10 / 17
Breaded Chicken Sandwich Garden Salad Baby Carrots Fruit Milk	Nacho Bar (Beef, Queso and Tortilla Chips) Chili Beans Salsa Fruit Milk	No School	No School	No School
Monday, 10 / 20	Tuesday, 10 / 21	Wednesday, 10 / 22	Thursday, 10 / 23	Friday, 10 / 24
Chicken Nuggets Mashed Potatoes & Gravy Glazed Baby Carrots Dinner Roll Fruit Milk	Pizza Italian Salad Cucumber Slices Fruit Milk	Chicken Spaghetti Green Beans Baby Carrots Breadstick Frozen Fruit Treat Milk	Cheeseburger French Fries Baby Carrots Fruit Milk	Chicken Soft Taco Refried beans Salsa Tortilla Chips Fruit Milk
Monday, 10 / 27	Tuesday, 10 / 28	Wednesday, 10 / 29	Thursday, 10 / 30	Friday, 10 / 31
Corn Dog Tater Tots Baby Carrots Fruit Milk	Pizza Caesar Salad Cucumber Slices Fruit Milk	Waffle and Syrup Scrambled Eggs Sausage Patty Hashbrown Triangle Baby Carrots Fruit Milk	Boneless Wings Green Beans Cucumber Slices Dinner Roll Fruit Milk	Taco Soup Chili Beans Salsa Tortilla Chips Fruit Milk

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER